



# 2012 Annual Report

## Cancer Support Now, Inc. *Cancer Survivors Offering Support*

(505)307-3414

[info@cancersupportnow.org](mailto:info@cancersupportnow.org)

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For support services: (505)255-0405 2212 Lester Dr NE, #232 Albuquerque NM 87112

[www.cancersupportnow.org](http://www.cancersupportnow.org)

## Cancer Support Now, Inc.

— WHO WE ARE —

### CSNI VISION STATEMENT

We are a community of survivors reaching out, supporting, informing and advocating for survivors, their loved ones and caregivers.

### CSNI MISSION STATEMENT

Cancer Support Now is a membership-based organization created by cancer survivors to build and sustain:

- An active community of people whose lives have been affected by cancer diagnoses
- Opportunities for those facing cancer to give and receive cancer support with a primary emphasis on:
  - peer-facilitated support groups and one-on-one support
  - education and information to empower each cancer survivor to make prudent decisions to improve his or her own unique situation
  - activities that strengthen the CSNI community

### CSNI 2012 Board of Directors

President: Sandy Ginsburg, PhD  
Vice President: Al Hiatt, PhD  
Secretary: Anjanette Cureton, Psy.D.  
Treasurer: John Coffman, CPA  
Carmelita Agodon, M.D.  
Jerald Cross, MS in ED  
Catherine Logan - Carrillo  
Stephanie Fine, M.D.  
Tom Gautsch BSEE  
Thelma Giomi, PhD  
Michael Linver, M.D.  
Betty Rein, RN, MA  
Anjie Ro-Trock, RN, MSN  
Eleanor Schick, Illustrator, Author

## Cancer Support Now - Based on Long-time Cancer Survivorship Values

Cancer Support Now was founded by cancer survivors in August, 2009, and incorporated that year as a New Mexico non-profit corporation, formally and legally becoming Cancer Support Now, Inc. (CSNI). The corporation's federal tax-exempt status is a 501(c)(3) granted November 1, 2011. CSNI provides services to reduce the isolating effects of cancer in New Mexico by focusing on assistance and support to survivors and their families and other caregivers.

*Cancer Survivors Offering Support* (Slogan of CSNI) is the bedrock of CSNI, encompassing all of its support services, including the Helpline, (505) 255-0405, answered by a cancer survivor. The Helpline provides immediate one-on-one support as well as referrals that match callers with our trained and experienced support volunteers and/or our adult support groups facilitated by veterans of the cancer experience. The Helpline also refers callers to other community resources when appropriate to the caller's situation.

Our all-volunteer organization over the past year:

- handled calls from throughout New Mexico;
- provided 675 one-on-one support interventions;
- delivered peer-facilitated cancer support group meetings to 236 cancer survivors;
- delivered 3 two-day facilitator trainings for 29 individuals providing peer support services in Albuquerque, Alamogordo, Laguna Pueblo, Silver City, Deming, Lordsburg and Catron County.
- delivered 2 half-day *Caring for the Cancer Caregiver* workshops, one in Albuquerque and one in Los Alamos.
- hosted an Annual Conference for cancer survivors and family members or other caregivers, covering topics related to long-term and late effects of cancer and treatment, including information on written cancer treatment summaries and care plans for 128 participants.

# Cancer Support Now, Inc. Year in Review – 2012

## Thank You CSNI 2012 Board of Directors

Fourteen 2012 board members (listed on page one) worked long hours throughout the year attending lengthy Board of Directors and Executive Committee meetings, working many hours between meetings handling a variety of other work for CSNI, including promoting the organization throughout the Albuquerque cancer community, participating as support group and one-on-one facilitators and participating in cancer-related organizations like the New Mexico Cancer Council, the Albuquerque Cancer Coalition, and the Chronic Disease Prevention Council.

**New in 2012: A Long-Term Effects of Cancer Survivorship conference, so well received that it will be held annually; Free reiki sessions once a month for members; and one-on-one smoking cessation support for those thinking about quitting - open to the community.**

## 2012 Annual Meeting — A Year of Growth for CSNI — Meeting

November 21, 2012, CSNI held its third annual meeting with 21 members in attendance. Through proxy vote, a total of 60 voting members participated in the 2013 Board election and bylaw changes.

Celebrating the beginning of the fourth year of  
Cancer Support Now as an organization of  
*Cancer Survivors Offering Support.*



A few of Cancer Support Now's 120 members - We grew by 80 in 2012.

## Cancer Support Now, Inc.

### FY 2012 Profit & Loss as of December 31

<b>Total Income</b>	<b>32,600.32</b>
<b>Total Expense</b>	<b>24,136.14</b>
<b>Net Income</b>	<b>8,524.18</b>

### 2013 CSNI Board of Directors

Carmelita Agodon, M.D.	Sandy Ginsburg, PhD	Mike Linver, M.D. Catherine Logan Carrillo
Jerald Cross, MS in ED	Tom Gautsch, BSEE	Patricia Monaghan MBA, JD Betty Rein, RN, MA
Anjie Cureton, Psy D. Stephanie Fine, M.D.	Thelma Giomi, PhD Al Hiatt, PhD	Anjie Ro-Trock, RN, MSN Eleanor Schick

## — Third Annual Cancer Survivorship Reunion Picnic —

In celebration of the birth of the cancer survivorship movement in the 1980s and the 2012 renewal of New Mexico's cancer survivorship activities with Cancer Support Now — established, owned, and operated by cancer survivors.

On September 23, 2012, seventy members of the survivorship community attended our Third Annual Cancer Survivorship Reunion Picnic. The event brought together old friends in the survivorship community, some who have not seen each other for many years, as well as many new faces. In addition to re-establishing these important connections, the event included a picnic lunch, a cake walk, Country Cupboard, and singing and dancing including the Hokey Pokey.

### Mark your calendar for these CSNI events in 2013

Sept. 15: 4th Annual Cancer Survivor Reunion & Picnic, 12:30 - 3 p.m. Location pending.

April 6: Second Annual Long-Term Effects of Cancer Survivorship, 8:00 a.m. - 4 p.m.  
Central United Methodist Church Albuquerque, New Mexico

For updates and other events, visit our website for our full calendar, including training sessions for support volunteers and other CSNI activities.

[www.cancersupport.now.org](http://www.cancersupport.now.org)

## 2012 Support Services Cancer Survivors Offering Support

Central to the mission and work of CSNI are the opportunities for those facing cancer to give and receive cancer support. These opportunities are made possible through our "Cancer Survivors Offering Support":

**The Helpline** — a telephone service and most often the point of entry for survivors looking for support. The Helpline provides immediate one-on-one support as well as referrals that match callers with trained and experienced support volunteers and/or adult support groups. The Helpline is staffed by Eleanor Schick, a long-term cancer survivor, support group participant, and group facilitator.

**Support Groups** — located around the Albuquerque metro area are facilitated by one or more trained, experienced cancer survivors. Some of these groups have been active for decades. (A list of these groups is on page 5.)

**Training for Support Volunteers** — All CSNI facilitators are cancer survivors and volunteers, many of whom have decades of experience facilitating cancer peer-support groups.

CSNI training programs are designed and facilitated by Patricia Torn, MPA. She is certified as a meeting facilitator, with 30 years of experience in the field and is certified in developing training curriculum and design. She is a cancer survivor and serves as CSNI Executive Director. The two-day training sessions cover one-on-one support on day one and group facilitation on day two.

Facilitator Training — One-on-One Telephone Peer Support Role-play — Helpline Coordinator, Eleanor Schick, practices with participant



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***PLEASE NOTE: CSNI does not promote any particular kind of treatment nor approach to living after a cancer diagnosis. We understand that people make different kinds of decisions and support each person in making prudent choices that will work best for his or her unique life.***

## 2012 Peer-Facilitated Support Groups Cancer Survivors Offering Support

We provide survivor-to-survivor support through support groups and one-on-one support, matching each individual with someone whose cancer experience was similar to the caller's present experience. All of our services are free and are facilitated by survivors who are seasoned veterans of cancer and who have completed training for facilitating support.

— *We do not provide professional advice, consultation, or services.* —

For specific information on any of the groups listed below, including locations,  
call Eleanor Schick at (505) 255-0405

- *The Women's North Valley Group*: Every other Thursday night, 6:30 to 8:30 p.m. in the North Valley
- *Late Afternoon Breast Cancer Group*: Every other Wednesday, 5 to 6:30 p.m. at Carlisle and Comanche
- *Sandia Breast Cancer Group*: 1st Wednesday of the month, 12 noon to 1 p.m. on Sandia National Labs (Open to Sandia employees only)
- *Survivors Writing Together*: Writing support group every Monday, 3 to 4:30 p.m., near University & Lomas
- *Kawaika Cancer Support Group*: Laguna Pueblo: 2nd and 4th Tuesdays 5:30 p.m.
- *Journaling Support Group*: For loved ones of those with advanced cancer and those grieving a recent death from cancer, Thursdays 4-6 p.m., near University & Lomas
- *Ovarian Open Arms*: Third Saturday of the month, 10:30 a.m., Northeast Heights.
- *Men's Thursday Cancer Support Group*: Six consecutive Thursdays, then four Thursdays off, 6:30 to 8 p.m., Northeast Heights.
- *Westside Cancer Support Now Group*: 2nd and 4th Wednesdays of the month, 10 to 11:30 a.m.
- *Facilitator Support*: Held once a month on Wednesdays, 5:30 to 7:00 p.m. Southeast Heights
- *Isleta Cancer Education and Support*: 2nd Tuesday of the month, 10:30 -noon at Isleta Pueblo Elderly Center. Open to those from Isleta Pueblo and others in the area surrounding the pueblo.
- *Cancer Support for Survivors and Caregivers*: 2nd Thursday, 2 p.m., Northeast Heights

— **Cancer Support Now also offers one-on-one cancer support services.** —

For more information on CSNI support services, call (505) 255-0405

Adrienne Arkie

Stephany Barela

Michele Brandwein

Rae Cherry

Anjie Cureton

Tom Gautsch

Margaret Goga

### — Support Group Facilitators —

Alice Hiatt

Joseph Jaramillo

Ray Lamont

Sarah Lamont

Judi Miller

Rose Poncho

Betty Rein

Geri Stayman

Eleanor Schick

Connie Souza

Natalie Thomas

Grace E Thompson

Patricia Torn

*Thank You to everyone who has contributed to the  
growth and quality of CSNI  
We appreciate the help of everybody. Here are some contributors.*

George Abernathy	Sandy Ginsburg	Kay Reissig	Brilliant Beauty Salon – Molly Erickson
Albert Agodon	Al Hiat	Gloria Romero	Cervantes' Restaurant & Lounge
Carmelita Agodon	Alice Hiat	Juan Romero	Chile Traditions
Adrienne Arkie	Marcia Isbell	Anjie Ro-Trock	Cookies By Design
Judy Bartholomew	Michael Jojola	Jocelyn Rogers	Hidalgo, Tony, Arroyo del Oso Golf
Catherine Logan-Carrillo	Michael Linver	Carm Sciarrotta	The Hollar Restaurant in Madrid
Rae Cherry	Donna Long	Florence Seis	Il Vicino's
Jerald Cross	Lorrie Loomis	Geri Stayman	Le Peep
John Coffman	Taryn McCue	Jean Stouffer	Leyba, Marcia - Soteria Salon
Anjie Cureton	Tierney McCue	Carol Summers	Milly's Sandwich Shop
JoAnna DeMaria	John Miller	Natalie Thomas	Monroe's Restaurant
Stephanie Fine	Judi Miller	Adam Torn	Mykonos Cafe
Molly Foster	Kenny Miller	Andrew Torn	Outback Steakhouse
Carolina Gazol Torn	Michelle Miller	Lorraine Torn	Palms Trading Company
Tom Gautsch	Sara Hiat	Patricia Torn	Raison d'Etre Paula Marchionda
Thelma Giomi	Catherine Offutt	Lou Wilburn	The Range Cafe

Sandia's

New Mexico Department of Health

Beth Arena  
Reiki Master

Sport Systems

Susan G Komen Central New Mexico Affiliate

Elizabeth Vasala,  
Reiki Master

## How You Can Help

### *Become a Member of Cancer Support Now, Inc.*

*Already a 2012 member?  
If you haven't renewed for 2013  
don't forget to do so.*

*Call (505) 307-3414 for a membership form  
for yourself or to pass along to others.*

*— Sign up to be a Cancer Support volunteer —  
one-on-one or group facilitator  
Call: Patricia Torn at (505) 307-3414*

*— Consider joining a CSNI committee —  
• Membership • Public Relations •*

*• Fundraising Bylaws Review Crane Card  
Annual Conference Annual Picnic*

*— Spread the news about Cancer Support Now —*

### *Help Us Fill Our Current Needs*

*— Here's Our CSNI Wish List —*

- data base manager
- photographer
- accounting services
- bookkeeping services
- donated office space
- office equipment (i.e.: computer, printer, fax machine, copy machine, office supplies)
- corporate business contacts
- contacts at State Legislature
- media contacts
- outreach to young people with cancer



### About Our Logo – The Origami Crane

*The origami crane, a universal symbol of peace and hope, is particularly significant to cancer survivors.*

*Debra Giomi, a New Mexican cancer survivor with a generous spirit and compassionate heart, received hundreds of origami cranes during her chemotherapy. She then designed and offered the crane gift card to others with cancer. Debra was able to share her uplifting experience. Her sister, Dr. Thelma Giomi, a member of the CSNI Board of Directors, continues her sister's legacy by holding workshops on folding cranes for gift cards that are offered to those recently diagnosed with cancer.*

Visit our website:

[www.cancersupportnow.org](http://www.cancersupportnow.org)